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Volume 4, Number 5 *March 11-24, 1989*

UCSF

Newsbreak

UCSF poison information pharmacist Susan Kim at the Poison Control "Hotline"

Poison Center Starts Interpreter Service

The scenario is painfully familiar: A toddler is eating the brightly colored contents of a medicine bottle. But Mom makes a quick call to the 24-hour Poison Control Hotline at SFGH, which brings crucial first-aid information.

What if the mother doesn't speak English? She can call anyway, because now a UCSF Poison Control Center toxicologist will initiate a three-way telephone connection with a 24-hour interpreter service.

"We're meeting with representatives of the non-English speaking community [about our new service] and sending letters along with posters and poison prevention and emergency action brochures to pharmacists from San Mateo to the California-Oregon border," says Elise Stone, health education coordinator for the SF Bay Area Poison Control Center at SFGH.

Meanwhile, the campaign to inform all members of the public about poison prevention in the home and how to deal with it has gathered momentum as National Poison Prevention Week, March 19-25, approaches.

In addition to distributing brochures translated into nine languages, the Poison Center will distribute free one-ounce bottles of Syrup of Ipecac, given to induce vomiting after certain types of poisoning. "Ipecac should be administered only on the recommendation of the Poison Control Center or one's own physician," warns UCSF pharmacist Kent R. Olson, MD, medical director of the Center.

The Poison Control Center will run an exhibit that week from 9 a.m. to 4 p.m. in the main lobby of SFGH. The Poison Center's number is 476-6600, or toll free 1-800-523-2222 in 415 and 707 area codes.

UCSF Joins Neighborhood to Fight Crime in the Mission

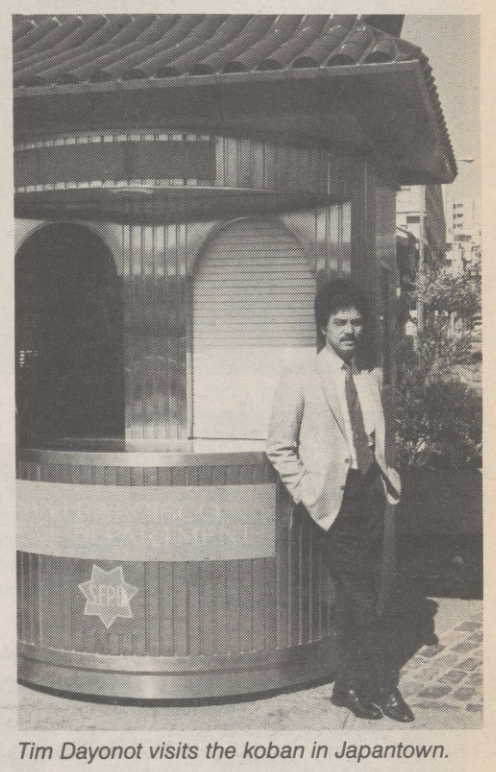
The area of 16th and Mission, which includes our CED facility at 15th and Folsom, has one of the highest crime rates in the city. Our campus is working with organizations, businesses and concerned residents in the North Mission neighborhood to help reduce crime in this area by forming the Mission Safety Committee.

Among the several measures now being taken by the committee to improve personal safety in this area is the installation of a police "koban" on the corner of 16th and Mission. Koban is the Japanese term for kiosk. A koban provides a "cop-on-the-beat" kind of police presence.

"This is actually a fairly new concept for the US, but kobans are very prevalent in other countries, especially Japan where they were initiated," explains Tim Dayonot of our Office of Public Service Programs, who is helping with this effort. There presently are three other kobans in San Francisco: Japantown, Chinatown and on Powell and Market Streets.

Tim explains that the kobans help unify the community and bring police closer to the neighborhood. Each is handmade of stain-

(continued on page 2)



Tim Dayonot visits the koban in Japantown.

Child Day Care Lecture Renamed for Carol Hardgrove

Child and family advocate Carol B. Hardgrove will be honored at the Annual Lecture on Child Day Care on Wednesday, March 15, at 4:30 p.m. in Toland Hall.

The event, which is sponsored by the School of Nursing's Department of Family Health Care Nursing, is being renamed in her honor, making this the First Annual Carol B. Hardgrove Lecture on Child Day Care.

Hardgrove is professor emeritus in the Department of Family Health Care Nursing and one of the founders of the UCSF Marilyn Reed Lucia Child Care Study Center. She and Patricia Calarco, PhD, professor of anatomy, shared the UCSF Public Service Award in 1979 for helping develop the Center.

Hardgrove is known for her work on including families in the care of hospitalized children, which has contributed to the development of parent support, play programs and family-centered pediatric care across the US and in Europe. At our Medical Center, Hardgrove helped develop the "Care Through

(continued on page 2)

Health Fair Draws Hundreds

Hundreds of residents of the Mission poured into the Mission Neighborhood Health Center last Saturday to get free health exams from UCSF medicine, pharmacy and dentistry students.

Sponsored by Chicanos in Health Education (CHE) at UCSF and the Mission Health Center, the fair had information and exhibits on AIDS, how to quit smoking, nutrition and other health topics. Free health services included physical and dental exams, urine tests, blood tests for anemia, vision tests, dermatologic advice, and foot exams. Low-cost mammograms, breast exams and instruction in breast self-examination were available.

UCSF's contribution to the fair was organized by third-year medical student Roberto Azcarraga of CHE.

In the photo on the left, first-year dental student Alexia Lucero shows Israel Murillo the proper method of flossing, while in the women's health area (right) first-year medical student Madelyn Rapp weighs Bertha Vanegas.

New Study Shows Medical Residents Suffering from Too Many Hours

Institutions that train doctors need to implement programs immediately to reduce the high levels of stress experienced by overworked, fatigued interns and residents, urges a report by two UCSF physicians.

"Residency training is in a crisis," write John M. Colford, Jr., MD, a recent graduate of the UCSF internal medicine program, and Stephen J. McPhee, MD, associate professor of medicine in the Division of General Internal Medicine.

A key issue is the long number of hours, sometimes more than 100 per week, put in by residents. In several states, legislation—spurred by fears of overworked residents making deadly mistakes—has already been proposed to limit hours. Colford and McPhee urge, however, that change come from within the training programs rather than from external mandates that could impose arbitrary restrictions on programs.

Reporting in the February 10 issue of the *Journal of the American Medical Association*, the two researchers cite several studies, including one that found that 40 percent of residents surveyed had been "so depressed or anxious for four or more weeks during training that performance was impaired." It seems that sleep deprivation is probably the greatest source of stress.

The authors suggest increasing salaries, routinely scheduling time off, adequate backup coverage for those who become ill, using other hospital personnel to handle nonphysician tasks, and using night-float residents to make sure others in the hospital get some sleep.

"Step Aside, Walter"

Walter Newman (left), community leader and great friend of UCSF, is recognized at many a campus function. But when James Livingston (right), another community leader and friend of UCSF—particularly of the School of Nursing—was recognized at a School of Nursing event the other night, he was obliged to excuse himself as he stepped in front of Newman to take a bow. The event was a reception for the members of the planning committee for the School of Nursing's 50th Anniversary Gala Celebration on Friday, April 28, for which Livingston will be master of ceremonies.

Now, Grasp the Bar This Way

Recreation supervisor Alan Tower (far left) goes over a few of the basics of how to operate the Cybex equipment housed in the new athletic facilities which have just opened in Millberry Union. All Millberry Union members need an orientation before using these machines. Just stop by the new athletic control desk between 8-11 a.m. and 2-4 p.m. Sixty-minute orientations are being given on the hour.

I'll Answer That!

Above, a modest Joe Mattox, director of the Faculty, Staff & Student Assistance Program, gently takes the mike away from Mike Adams, director of affirmative action, during a light moment in the Black Heritage Month panel discussion last week on "Yes You Can!"

Moderated by Roger Lewis (rear) of Materiel Services, the discussion featured blacks who hold top jobs on campus, including Karen Newhouse, manager, laboratory medicine; Joanne Lewis, assistant vice chancellor, business & fiscal services; Tom Gwyn, assistant chancellor, public service programs; and biochemist John Watson.

The discussion concentrated on accomplished goals as they provide motivation and support to all blacks working at UCSF. "Yes, racism still does exist in many ways," said Mattox. "But, we must celebrate our successes. Not lament our setbacks."

ASUCSF Event a Big Success

Pharmacy, Medicine and Dentistry students performed a Vietnamese candlelight dance during last Friday's ASUCSF Talent Extravaganza. Nearly 500 people jammed into Millberry Gym to see this act as well as several others by UCSF faculty, students and staff. The benefit talent show raised $2,500 for the Division of Pediatric Immunology to help continue important research into AIDS transmission in infants. Coordinating the event for the Associated Students was Cesar Tumakay, executive vice-president.

Mission *(continued)*

less steel to make them graffiti-proof and contains a full radio and telephone communications network. The exterior (mainly the roof) is designed to fit in with the particular neighborhood. The cost? A hefty $30,000. And the city doesn't foot the bill.

So now it's time to raise some funds. Radio station KIQI has donated $15,000 and is organizing a radio-thon to help raise more money. Other fundraising is being planned.

A town meeting has been set for Wednesday, March 15, at 7 p.m. at the Hawthorne School auditorium, 825 Shotwell Street (between 22nd and 23rd) to rally more public, political and financial support. For further information call Tim at x68431.

Hardgrove *(continued)*

Parent" program, in which parents of hospitalized children become actively involved in their children's care.

The lecture program will feature a panel composed of several individuals who worked with Hardgrove during her UCSF career, including moderator Betty Highley, MS, professor, emeritus; Doris Dunbar-Haskall, EdD, former associate clinical professor; and Mary Tesler, MS, clinical professor, all from the Department of Family Health Care Nursing; Inez Wiegig, MS, head nurse, pediatric surgery unit; Deborah Ablin, member, Koret Family House board of directors; and Patricia Calarco.

A reception wil follow the program at the Child Care Study Center.

Dean's Prize for Student Research

Medical students Sean Bohen of Mauston, WI, Joshua Niclas of Portola Valley, CA, and Madhu Wahi of Fountain Valley, CA are this year's recipients of the Dean's Prize in Student Research.

First-year student Bohen was honored for his studies on "Isolation of a New Member of the Transforming Growth Factor-Beta Gene Family." His sponsor is anatomist Gail R. Martin, PhD.

Second-year student Niclas is doing his research on "Isolation of a Mammalian Kinesin Gene: Polymerase Chain Reaction Succeeds where Conventional Techniques Fail," with sponsor pharmacologist Ronald Vale, PhD.

Also in her second year, Wahi has been studying "Cloning & Characterization of a Potential Vaccine Antigen for African River Blindness," under the tutelage of pathologist James H. McKerrow, PhD, MD.

The three award winners presented their research at a campus reception at the Faculty/Alumni House on March 2.

(Left to right) Madhu Wahi, Sean Bohen, Joshua Niclas

UCSF *Newsbreak*

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Deadline for the next issue, which will cover March 25-April 7, will be on Monday, March 13, at 11 a.m. Please send campus news copy to Allen Balderson, Medical Center news to Dawn Finch, and calendar and gazette items to Donald Hickerson, all at Box 0462. Last-minute copy can be taken over the telephone by calling x61541 or x62557.

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Michela Reichman, Assistant Chancellor—Communications

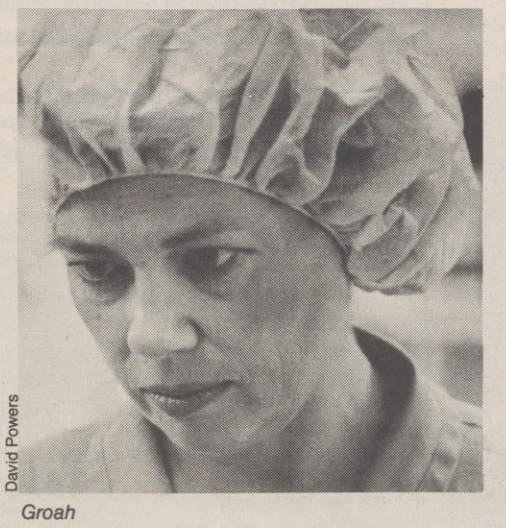
Gazette

Honors & Awards

Fuentes-Afflick

Jordan

Elene Fuentes-Afflick, resident, pediatrics; **John Jordan,** resident, radiology: Two of 25 residents nationwide to be honored in the first annual American Medical Association/Burroughs Wellcome Leadership Program for Resident Physicians. Fuentes-Afflick was honored for her work at a sanctuary clinic for undocumented aliens, and Jordan for his help in founding a community screening program for hypertension and glaucoma.



David Powers

Groah

Linda K. Groah, director of nursing for operating & recovery room services; clinical instructor, physiological nursing: Winner of the Award for Excellence of the Association of Operating Room Nurses, for her excellence in patient care, administration & research in the field of perioperative nursing.

William F. Ganong, professor & chair, physiology: Elected to Distinguished Service Membership in the Association of American Medical Colleges.

Gretchen A.W. Gooding, professor, radiology; chief, radiology & ultrasonography, VAMC: Elected president-elect of the San Francisco Radiological Society.

Alexander R. Margulis, University Dean; professor & chair, radiology: Elected a foreign member of the Serbian Academy of Sciences & Arts in Belgrade, Yugoslavia.

Publications

Raza Aly, professor, dermatology & microbiology; **Howard I. Maibach,** professor, dermatology: Authors, *Skin Infections—Fungal & Bacterial* (Hoechst Meducation Up-Date, Munich, 1988).

Creig S. Hoyt, professor & vice-chair, ophthalmology; director, pediatric ophthalmology: Co-editor, *Surgery of the Eye* (Churchill Livingstone, NY, 1988).

Promotions

Promotions are made available to this publication after they are processed by the Personnel Department.

Darlene Allegro, hospital clinical laboratory assistant II, laboratory medicine-clinical labs/SFGH.

Kurt Glowienke, programmer/analyst II, physical plant.

Robert Holland, data assistant II, medicine/AIDS/oncology.

Sandra Hughes, administrative assistant III, medicine/AIDS/oncology.

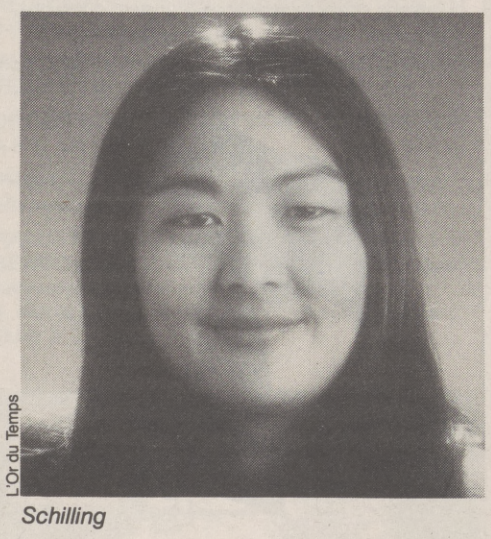
John Ip, laboratory assistant I, medicine/SFGH/Rosalind Russell Lab.

Patricia Mattox, administrative nurse II, Ambulatory Care Center.

Theresa Plume, faculty practice assistant I, neurosurgery.

Zachary Quan, facilities assistant III, physical plant.

Schilling and Akin Join Board of Overseers



L'Or du Temps

Schilling

Genet-Milo

Akin

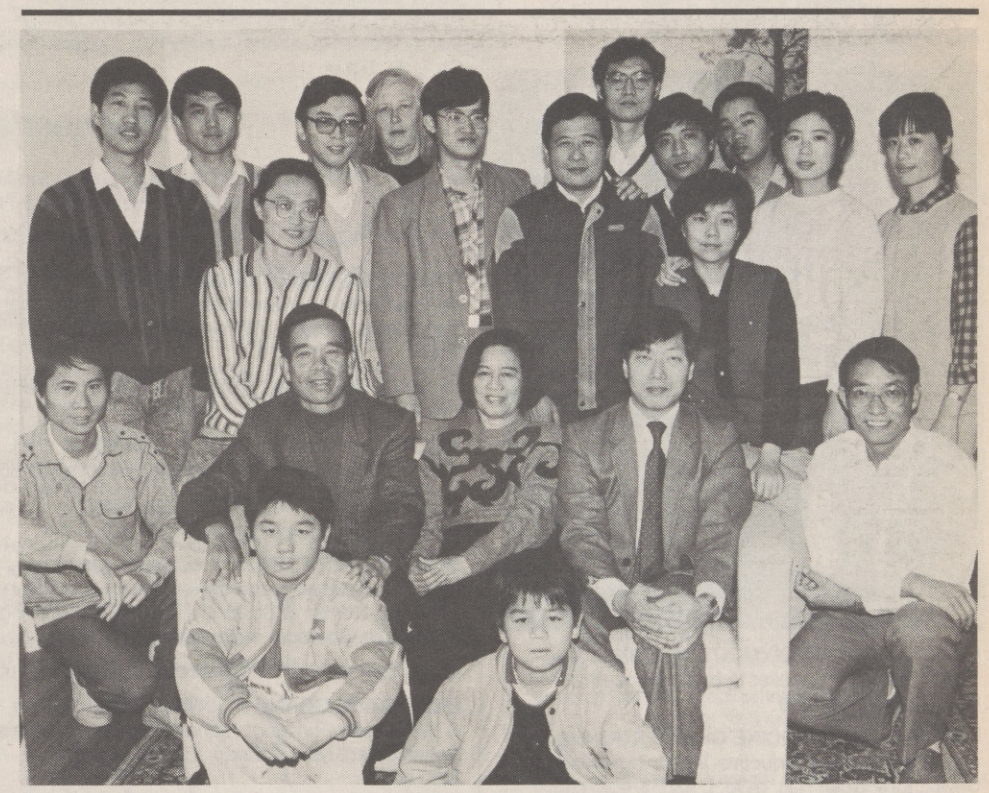
Leslie Tang Schilling, MA, and Gwynn C. Akin, PhD, have been appointed to the UCSF Board of Overseers, which advises the Chancellor on the future direction and course of action of the campus.

Schilling is president of the SF investment and property management firm L.T.D.D. She is chair of the Asian Business League, a director of Pacific Bank, and on the boards of a number of SF business and civic organizations, including Chinese for Affirmative Action, the SF Economic Development Corporation and the SF Downtown Parking Corporation. A small business advisor to the US Federal Reserve Bank, she holds bachelor's degrees from UC-Berkeley in economics and political science and a master's in international management from the American Graduate School of International Management.

Akin is a nationally recognized expert on health and science policy and planning. She is director of health policy at Syntex Corporation of Palo Alto, a life-science corporation specializing in human pharmaceuticals, and director of the Syntex Scholars Program, which supports outstanding young scientists in the field of cardiovascular research. Akin has been a consultant for NIH, the National Science Foundation and many national institutions, and a senior professional associate of the Association of Academic Health Centers. She holds a PhD in human anatomy from Tulane.

Schilling and Akin join international business person Cheng Yu-Tung, chair of Hong Kong's New World Development Co., who just recently was appointed to the board and was profiled in the Jan. 14 issue of *Newsbreak*. (Also see Cheng Scholars below.)

Three current members of the Board of Overseers have moved to emeritus status. They are George Coombe, Eileen Growald and Leslie Luttgens.



Cheng and His Scholars

Cheng Yu-Tung, chair of New World Development Co. in Hong Kong, met in mid-February with all the young scientists presently in the UCSF Cheng Scholars Program. Cheng helped create and fund the program, which brings to our campus up to 10 Chinese scholars per year for two-year fellowships in biomedical sciences, laboratory medicine, pathology and radiology.

The above photo shows (bottom row) Cheng's grandchildren; (second row, left to right) Cen Da Zhi, Cheng, Mrs. Cheng, UCSF program coordinator Wing King Kam, Wang Junhong; (back row, left to right) Huang Weidong, Cao Keli, Liu Hong, Gao Shu-wei, UCSF administrative coordinator Janet Cole; Wen Ping, Liu De-pei, Zhang Wengang, Wang Zhenhau, Chen Lili, He Xing-yue, Dai Aihua, and Huang Xiao-Jian. Missing are Cao Ming, Shi Yufei, Xiao Xiao and Xie Bei.

Harris Award Nominations Due

Nominations are due for the John B. Harris Award, given annually to the graduating student who best exemplifies Dr. Harris' qualities.

A dedicated scholar in our Department of Medicine until his death in 1973, Harris was active in the Civil Rights Movement and worked extremely hard to help extend educational opportunities to disadvantaged students, especially minorities.

Faculty, administrators, staff and members of the graduating classes of our four schools and the Graduate Division are invited to submit nominations. Deadline is Monday, April 3. Nomination applications are available through each of the student affairs offices. For further information call Sharon Lindeman at x64776.

Our "Rockefellows" from Mexico

Pictured here analyzing a protein are María del Carmen Clapp Jiménez and her husband, Gonzalo Martínez de la Escalera, both professors of physiology and endocrinology the Institute for Biomedical Investigation of the National Autonomous University of Mexico. They both have just received Rockefeller Foundation Biotechnology Career Fellowships to work with Richard Weiner in the Reproductive Endocrinology Center. They will be at UCSF for three months in each of the next three years studying 16K prolactin, a hormone occuring naturally in milk.

They hope their studies will serve many future applications, from problems in commercial milk production to the treatment of breast and pituitary cancer and reproductive difficulties in humans. They say that the advanced technology and equipment, and the similar line of study in Weiner's lab, will be of great help to their continuing work.

Today/Tomorrow

11 Saturday

ANESTHESIA MORBIDITY/MORTALITY CONFERENCE. HSW 301. 8-10 a.m.

ORTHOPEDIC GRAND ROUNDS. Carr Aud., SFGH. 8-9 a.m.

SURGERY GRAND ROUNDS: *Newer Aspects of the Treatment of Peptic Ulcer Disease.* Sean Mulvihill, Surg. Toland Hall. 8:30-9:30 a.m.

UROLOGY GRAND ROUNDS: *Controversial Positions Taken by the AUA Impotence Advisory Committee & Their Potential Impact on Urological Practice.* Ira Sharlip, Uro. *Neurogenic Bladder in Childhood: Clinical & Experimental Observations.* Barry A. Kogan, Uro. Preceded by D&C reports & case presentations. HSW 300. 8:30 a.m.-11 a.m.

13 Monday

BREAST CANCER SCREENING SCHEDULE

Women can have low-cost mammograms—x-rays to screen for breast cancer—from a mobile van that travels to convenient locations in the Bay Area.

Women need the approval of their physicians to have the mammogram. The procedure takes approximately 20 minutes and costs only $50. To make an appointment call 990-0459 or x62193 between 9 a.m. and 3:30 p.m.

The van will be at the following locations for the next two weeks:

- Mar. 13-Mar. 17: Embarcadero on Drumm St. between Sacramento & Clay.
- Mar. 20-22: Richmond district on 7th Ave. between Geary & Clement.
- Mar. 23: Diamond Heights Blvd. near the Safeway. (Mar. 24 is a campus holiday.)

OTOLARYNGOLOGY CONFERENCE: *CSF Leaks.* Brian Andrews, Neurosurg., Pacific Presbyterian Med. Ctr. *ENT Infections in the Compromised Host.* Peggy Weintrub, Ped. S 214. 8-10 a.m.

OVEREATERS ANONYMOUS MEETING: *The "How" Concept.* Speaker to be announced. N 417. Noon. Call Lia, x64251.*

LABORATORY MEDICINE GRAND ROUNDS: *Legal Issues in Reproductive Technology.* Marjorie Shultz, Law, Boalt Hall, UCB. L 535. 4-4:50 p.m.

TOXICOLOGY SEMINAR: *New Approaches in Monitoring Occupational Exposure to Chemical Carcinogens; Mass Spectrometric Identification of DNA & Protein Alkylation in Human Cells.* Surinder Kaur, Pharm. Chem. HSE 317. 4 p.m.

CVRI SEMINAR: *Paradoxes in Atypical Dysbetalipoproteinemia.* Stanley Rall, Gladstone Fdtn. S 1364. 4-5:30 p.m.

UROPHYSIOLOGY CONFERENCE: *The Treatment of the Irritable Bladder.* Joseph Smith, Uro., Oxford. M 460. 4:30-6 p.m.

14 Tuesday

COMBINED MODALITY BREAST CANCER CONFERENCE. Surg. Clin. Conf. Rm., 6th fl. A. 8 a.m.

ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS: *Speech Problems Associated with Mal-Occlusion & Facial Deformities.* Sally Peterson, G&D. C 701. 8 a.m.

SFGH PEDIATRIC GRAND ROUNDS. Carr Aud., SFGH. 8-9:30 a.m.

OB/GYN & REPRODUCTIVE SCIENCES GRAND ROUNDS: *Public Health & Clinical Aspects of Abortion.* Michael S. Policar, Ob/Gyn, SFGH. S 1364. 9 a.m.

RETIREES SPEAK

PRE-RETIREMENT SEMINAR: *Everything You Always Wanted to Know About Retirement.* A panel of retirees share experiences & answer questions. Toland Hall. 10:30 a.m.-noon. (For details see page 6.)

PSYCHIATRY GRAND ROUNDS: *History of Psychiatry Series: Reason, Madness & the French Revolution.* Roy Porter, Med. Hist., Wellcome Inst. Hist. Med., London. LPPI Aud. 11 a.m.-noon.

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

OBSTETRICS/PEDIATRICS & ANESTHESIOLOGY CONFERENCE: John L. Kitzmiller, Ob/Gyn; Roderic H. Phibbs, Ped. & CVRI; Sol Shnider, Anes. & Ob/Gyn. M 1486. Noon.

SFGH GI-MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

BIOCHEMISTRY/BIOPHYSICS SEMINAR: *Bacteriophage Lambda Growth & Its Dependence on the Heat Shock Response of* Escherichia Coli. Costa Georgopoulos, Cell., Viral & Molec. Bio., U Utah. HSW 301. 4 p.m.

NEUROLOGY GRAND ROUNDS: *The Nervous System & Inflammation.* Jon Levine, Med., Anat. & Neurobio. S 664. 5-6 p.m.

RADIATION ONCOLOGY RESEARCH LABORATORY SEMINAR: *Bench to Bedside: Research Approach to Hyperthermia at the Ottawa Cancer Center.* Peter Raaphorst, Med. Phys., Ottawa Cancer Ctr. L 34. 5 p.m.

15 Wednesday

PLASTIC SURGERY GRAND ROUNDS: *Reconstruction—Upper Extremity—Microvascular Transplants.* Timothy Whitney, Surg. Toland Hall. 7 a.m.

SFGH ORTHOPEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call coordinator Michele Hinojosa, x61662.

DERMATOLOGY CONFERENCE: *Sexual Dysfunctions in Dermatology.* HSW 301. 8 a.m.

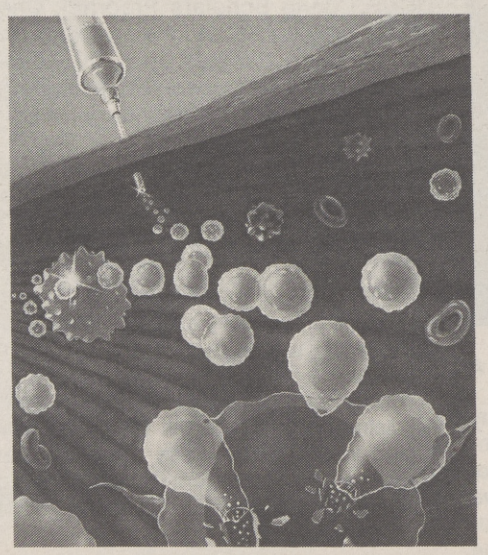
MORNING MEDITATION: Relaxation, meditation, reflection & prayer for ourselves, others & our planet. Landberg Center at St. John's Church, 5th & Irving. 8-8:45 a.m. For more information call 564-3515.*

NUCLEAR MEDICINE SEMINAR. L 340. 8:15 a.m.

ENDOCRINE GRAND ROUNDS: *Dietary Protein & Glomerular Function: Humoral Mediators.* Morris Schambelan, Med. & Endo., SFGH. M 1486. 8:30 a.m.

ERNST IMPRESSIONS

ACADEMIC BUSINESS OFFICERS' GROUP (ABOG) MEETING: *First Impressions.* David Ernst, new Asst. Vice Chancellor for Information Systems. Toland Hall. 11 a.m.



BROWN BAG LECTURE SERIES: *Immunotherapy: A New Weapon Against Cancer.* Fred R. Aronson, Med. & UCSF Biologic Response Modifier Prog. HSW 300. Noon-1 p.m. Call x64394.*

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. C 517. Noon-1 p.m.*

RADIATION ONCOLOGY RESEARCH LABORATORY SPECIAL SEMINAR: *Exploitation of Tumor Hypoxia in Cancer Therapy.* William R. Wilson, Clin. Onc., U Auckland, New Zealand. CED 200. Noon.

HEAD & NECK TUMOR CONFERENCE. A 723. 1 p.m.

VASCULAR SURGERY GRAND ROUNDS. 7 Long Solarium. 4-5:30 p.m.

PHYSIOLOGY-PHARMACOLOGY-CELL BIOLOGY-ENDOCRINOLOGY SEMINAR: *The Role of Novel Glycosyl Phospho-Inositides in Insulin Action.* Alan Saltiel, Physio. & Cell Bio., Rockefeller U. HSW 300. 4 p.m.

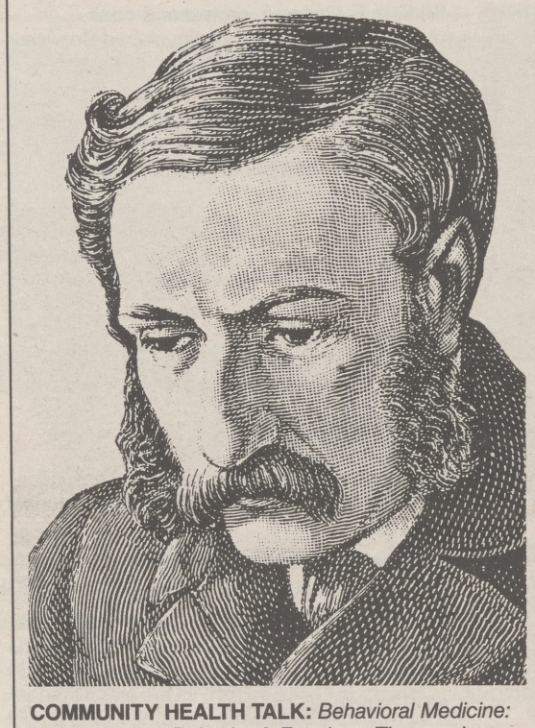
HARDGROVE LECTURE

First Annual Carol B. Hardgrove Lecture on Child Day Care features a panel discussion with several of her long-time associates. Toland Hall. 4:30 p.m. (See page 1 for details.)*

TRISERVICES CARDIOLOGY CONFERENCE. L 1361. 4:30-5:30 p.m.

SFGH GI-MEDICINE/SURGERY PATIENT CARE CONFERENCE. Rm. 4H2, SFGH. 4:30 p.m.

PATHOLOGY GRAND ROUNDS: *Burkitt's Lymphoma & the Epstein-Barr Virus: An Historical Perspective.* Ronald Dorfman, Stanford. HSW 302. 5:30 p.m.



COMMUNITY HEALTH TALK: *Behavioral Medicine: Health, Illness, Behavior & Emotions.* Thomas J. Coates, Med. & UCSF Behavioral Med. Clin. UCSF-Laurel Heights. 7-8:30 p.m.*

MISSION CRIME PREVENTION RALLY

To rally more public, political & financial support for a koban at 16th & Mission. Hawthorne School auditorium, 825 Shotwell St., between 22nd & 23rd. 7 p.m. (See full story on page 1.)*

16 Thursday

MEDICINE GRAND ROUNDS: *Current Trends in Antithrombotic Therapy.* Jack Hirsch, Med., McMaster U, Hamilton, Ontario. Toland Hall. 8-9 a.m.

SFGH NEUROLOGY-NEUROSURGERY CONFERENCE. Rm. 4H2, SFGH. 8-9 a.m.

OPHTHALMOLOGY GRAND ROUNDS: *Management of Post-Operative Inflammation.* Allan Flach, Oph. Case presentations: *Neuro-Ophthalmology.* S 214. 8:15-10 a.m.

PEDIATRICS GRAND ROUNDS: *Interventional Cardiology.* Paul Stanger, Ped. & Path. S 664. 8:30-9:30 a.m.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Pesticide Residues in Foods.* Richard Jackson, CA Dept. Hlth. Serv. M 989. 9-10 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

GOT THE "DWINDLES"?

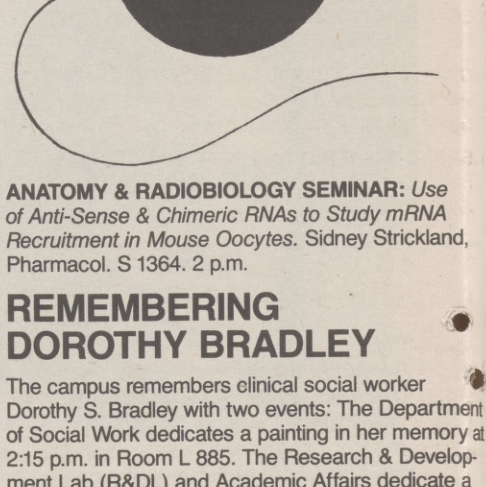
PRIMARY CARE LECTURE SERIES: *Failure to Thrive in Old Age: The "Dwindles."* Edmund Lonergan, Med. *Medical Cost Containment & Quality: On a Collision Course?* Steven Schroeder, Rad. Onc. A 455. 10 a.m.-noon.

PEDIATRIC TUMOR BOARD. L 34. 11 a.m.-12:15 p.m.

NEURO-ONCOLOGY TUMOR BOARD. L 34. 12:30-1:30 p.m.

CRI-HEMATOLOGY/ONCOLOGY GRAND ROUNDS: Joel Chasis, Med. M 1296. 1 p.m.

CLINICAL ONCOLOGY CONFERENCE. M 1296. 2 p.m.



ANATOMY & RADIOBIOLOGY SEMINAR: *Use of Anti-Sense & Chimeric RNAs to Study mRNA Recruitment in Mouse Oocytes.* Sidney Strickland, Pharmacol. S 1364. 2 p.m.

REMEMBERING DOROTHY BRADLEY

The campus remembers clinical social worker Dorothy S. Bradley with two events: The Department of Social Work dedicates a painting in her memory at 2:15 p.m. in Room L 885. The Research & Development Lab (R&DL) and Academic Affairs dedicate a mini-park at 3 p.m. behind the School of Dentistry, adjacent to Wilson Memorial Park. Dorothy died last June after working at UCSF 16 years. She was the wife of Freeman Bradley, R&DL director. For further information call Tina Stockton, x61593.

PROCTOR FOUNDATION SEMINAR. S 318. 3 p.m.

NEURORADIOLOGY GRAND ROUNDS. HSW 303. 4-5 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1161. 4-6 p.m.

ORTHOPEDIC SURGERY STAFF CONFERENCE. A 630. 4-5 p.m.

PRIMARY CARE GRAND ROUNDS: *Management of Chronic Liver Disease.* Robert Ockner, Med. & Liver Ctr. A 455. 4:30 p.m.

ALCOHOLICS ANONYMOUS MEETING: All are invited. LPPI A222. 6 p.m.*

PLASTIC SURGERY LECTURE/DINNER MEETING: *Facial Contouring Surgery—The Invisible Flap.* Bernard Alpert, Plast. Surg., R.K. Davies. Faculty/Alumni House. Dinner 6 p.m. Lecture 7 p.m. $20. Call x63062 for information & reservations.

17 Friday

SFGH MAXILLOFACIAL TRAUMA CONFERENCE. Rm. 4H4, SFGH. 7-7:30 a.m.

CHILD & ADOLESCENT PSYCHIATRY CLINICAL CONFERENCE: *Students at Risk for Suicide: The SF Public High School Experience.* Shirley A. Reece, Psychr.; Milton P. Wilson, CA Dept. Educ.; Debberra Burrell, Comprehensive Child Crisis Serv., SF; Joan Haskin, SF Unif. Sch. Dist.; Michael Pastor, SF Adol. Day Treatment Prog.; Marge Swien, SF Comm. Mntl. Hlth. Serv. LPPI Aud. 10:10-11:30 a.m.

REPRODUCTIVE BIOLOGY SEMINAR. M 1486. Noon.

ALCOHOLICS ANONYMOUS MEETING: All are invited. HSE 336. Noon-1 p.m.*

PATHS OF HEALING & WHOLENESS SEMINAR: *Roadblocks & Solutions to Sexual Satisfaction in Relationships.* Suzanne Knight. N 517. Noon-1 p.m.*

18 Saturday

ANESTHESIA MORBIDITY/MORTALITY CONFERENCE. HSW 301. 8-10 a.m.

ORTHOPEDIC GRAND ROUNDS. VAMC Aud. 8 a.m.

SURGERY GRAND ROUNDS: *Critical Maneuvers in Trauma.* Robert Markison & William Schecter, both Surg. Carr Aud., SFGH. 8:30 a.m.

LOW VISION FORUM: *VIP's Speak Out!* Open discussion for visually impaired people to suggest future programs & activities. 11 a.m. For further information call Frances Neer at 626-5313.*

20 Monday

OTOLARYNGOLOGY CONFERENCE: *Facial Reanimation.* Thomas A. Tami, Oto.; Karen Hardy, Ped. S 214. 8-10 a.m.

OVEREATERS ANONYMOUS MEETING: *The "How" Concept.* Speaker to be announced. N 417. Noon. Call Lia, x64251.*

LABORATORY MEDICINE GRAND ROUNDS: *Recent Studies on Thymidylate Synthase.* Daniel V. Santi, Lab. Med. L 535. 4-4:50 p.m.

URORADIOLOGY CONFERENCE. M 460. 4:30-6 p.m.

March 11-24, 1989

21 Tuesday

COMBINED MODALITY BREAST CANCER CONFERENCE. Surg. Clin. Conf. Rm., 6th fl. A. 8 a.m.

ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS: *TMJ Arthroscopy: Preliminary Results.* David Perrott, Oral & Maxfac. Surg. C 701. 8 a.m.

SFGH PEDIATRIC GRAND ROUNDS. Carr Aud., SFGH. 8-9:30 a.m.

TRANSFUSION RESEARCH FORUM: *Quantitative Flow Cytometry Ligand Assays.* James M. Lynch, Trans-Med Biotech. Inc. L 535. 8:30 a.m.

NEW EMPLOYEE ORIENTATION: *UCSF Policy, Procedures & Benefits.* Presented every other Tues. All new employees are urged to attend. S 214. 8:30 a.m.-noon. To register call Leonard Florendo, x61073. Medical Center employees call Gemma Reiser, x64846.

OB/GYN & REPRODUCTIVE SCIENCES GRAND ROUNDS: *Women's Access to Medical Care & Its Impact on Their Health.* Paula Braveman, Fam. & Comm. Med. S 1364. 9 a.m.

PSYCHIATRY GRAND ROUNDS: *History of Psychiatry Series: Nijinsky, The Russian Dancer Who Became Catatonic.* Peter Ostwald, Psychr. & Prog. for Performing Artists. LPPI Aud. 11 a.m.-noon.

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

NEONATAL MORBIDITY & MORTALITY CONFERENCE: John L. Kitzmiller, Ob/Gyn; Roderic H. Phibbs, Ped. & CVRI; Sol Shnider, Anes. & Ob/Gyn. M 1486. Noon.

MORNING MEDITATION: Relaxation, meditation, reflection & prayer for ourselves, others & our planet. Landberg Center at St. John's Church, 5th & Irving. 8-8:45 a.m. For more information call 564-3515.*

DERMATOLOGY CONFERENCE: *Political & Economic Factors in Psoriasis.* Michael J. Frantzblau, Derm. HSW 301. 8 a.m.

NUCLEAR MEDICINE SEMINAR. L 340. 8:15 a.m.

BROWN BAG LECTURE SERIES: *Arthritis Treatment: 5th Century B.C. to 1989.* Kenneth E. Sack, Med. & Clin. Rheumat. Prog. HSW 300. Noon-1 p.m. Call x64394.*

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. C 517. Noon-1 p.m.*

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Reproductive Hazards of the Workplace: Cancer in the Workplace?* Arlene Noodleman, Med. Admin. Confr. Rm., Santa Clara Valley Med. Ctr. Noon-1:30 p.m.

HEAD & NECK TUMOR CONFERENCE. A 723. 1 p.m.

PHYSIOLOGY/ENDOCRINOLOGY/CELL BIOLOGY/PHARMACOLOGY SEMINAR: *Structural Basis of Clathrin-Mediated Endocytosis.* John Heuser, Physio., Washington U. HSW 300. 4 p.m.

VASCULAR SURGERY GRAND ROUNDS. 7 Long Solarium. 4-5:30 p.m.

TRISERVICES CARDIOLOGY CONFERENCE. L 1361. 4:30-5:30 p.m.

SFGH GI-MEDICINE/SURGERY PATIENT CARE CONFERENCE. Rm. 4H2, SFGH. 4:30 p.m.

CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

PATHOLOGY GRAND ROUNDS: *Autoimmunity.* Howard Fox, Path. HSW 508. 5:30-6:15 p.m.

CLINICAL ONCOLOGY CONFERENCE. M 1296. 2 p.m.

PROCTOR FOUNDATION SEMINAR. S 318. 3 p.m.

NEURORADIOLOGY GRAND ROUNDS. HSW 303. 4-5 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1161. 4-6 p.m.

ORTHOPEDIC SURGERY STAFF CONFERENCE. A 630. 4-5 p.m.

PRIMARY CARE GRAND ROUNDS: *Regurgitant Murmurs.* Melvin Cheitlin, Med. A 455. 4:30 p.m.

RADIATION ONCOLOGY CHAIRMAN'S RESEARCH CONFERENCE: *Tumor & Normal Tissue Microcirculatory Response to Radiation, Heat & Vasoactive Drugs.* Mark W. Dewhirst, Rad. Onc., Duke. L 34. 5 p.m.

RADIOLOGY GRAND ROUNDS: Visiting Professor Gerald D. Dodd, Diag. Imaging, U Texas, Houston. HSW 301. 5:15-6:15 p.m.

ALCOHOLICS ANONYMOUS MEETING: All are invited. LPPI A220. 6 p.m.*

BECOMING BARBIE

Tales of an Undercover Beauty Queen. Michelle Anderson, 1988 Miss Santa Cruz County. Sponsored by UCSF Women's Resource Center. Toland Hall. Noon.*

BIOCHEMISTRY/BIOPHYSICS SEMINAR: *Regulatory Leader Peptides in Prok's & Euk's.* Charles Yanofsky, Bio., Stanford. HSW 301. 4 p.m.

SFGH GI-MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

NEUROLOGY GRAND ROUNDS: *New Concepts in the Treatment of Seizures & Epilepsy.* Edwin Dawson, Med. & Neuro., Washington U, St. Louis. S 664. 5-6 p.m.

VOLUNTEER ORIENTATION: To acquaint new & prospective volunteers with opportunities available in the Medical Center. HSE 336. 6-8 p.m. Call x61196.*

22 Wednesday

PLASTIC SURGERY GRAND ROUNDS: D&C Conference. Toland Hall. 7 a.m.

SFGH ORTHOPEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call coordinator Michele Hinojosa, x61662.

*Open to the public.

23 Thursday

MEDICINE GRAND ROUNDS: Clinical Pathological Conference. Merle A. Sande, Med. Toland Hall. 8-9 a.m.

SFGH NEUROLOGY-NEUROSURGERY CONFERENCE. Rm. 4H2, SFGH. 8-9 a.m.

OPHTHALMOLOGY GRAND ROUNDS: *RPE: Current Status.* Roy H. Steinberg, Physio. & Oph. Preceded by case presentations: *Glaucoma*. S 214. 8:15-10 a.m.

PEDIATRICS GRAND ROUNDS: *New Advances in Asthma Therapy.* Peter S. Creticos, Johns Hopkins Ctr. Asthma & Allergic Diseases. S 664. 8:30-9:30 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Firefighter Occupational Health Issues—Real & Perceived.* Linda Morse, Occ. Hlth., Santa Clara Valley Med. Ctr. Bldg. 30, 5th fl., SFGH. 9:15-10:45 a.m.

PRIMARY CARE LECTURE SERIES: *Low Back Pain & Joint Exam.* Nancy Byl, Phys. Ther. A 455. 10 a.m.-noon.

PEDIATRIC TUMOR BOARD. L 34. 11 a.m.-12:15 p.m.

GERIATRIC GRAND ROUNDS: *The Cell Biology of Human Aging.* Leonard Hayflick, Anat. Herbst Hall, Mt. Zion. Noon.

NEURO-ONCOLOGY TUMOR BOARD. L 34. 12:30-1:30 p.m.

CRI/HEMATOLOGY-ONCOLOGY GRAND ROUNDS: *Growth Factor—The Breast Cancer Perspective.* Brad Arrick, Hemat/Onc. M 1296. 1-2 p.m.

DEVELOPMENT & TRAINING

For further information call x64032.

Contracts & Grants Workshop. Wed., Mar. 15. 1-4 p.m. $5.

Materiel Management Workshop. Wed. & Fri., Mar. 15 & 17. 8:30 a.m.-12:30 p.m. $15.

AIDS in the Workplace. Wed., Mar. 22. 1:30-3 p.m.

CONTINUING EDUCATION

MEDICINE

Call x65208 for further program information, x65808 for registration information, unless otherwise noted.

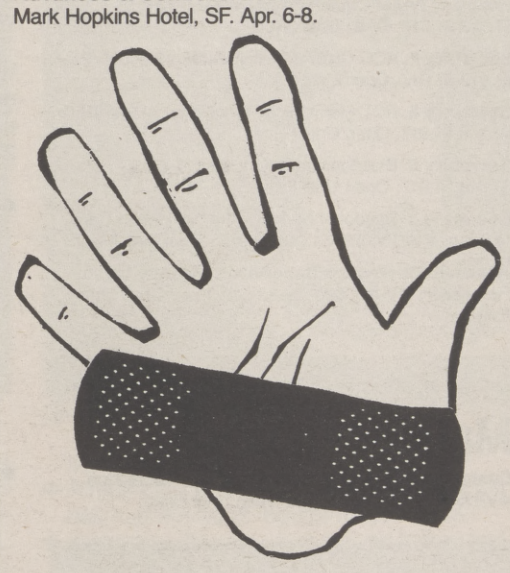
Preoperative Evaluation of the Surgical Patient. Holiday Inn, Union Square, SF. Mar. 15-17.

Annual Review in Family Medicine: Pharmacotherapeutics in Primary Care. Stanford Court Hotel, SF. Mar. 29-31. Call x65250.

Advances in Emergency Medicine. Stanford Court Hotel, SF. Apr. 5-7.

General Surgery. SF Hilton. Apr. 6-8.

Advances & Controversies in Clinical Pediatrics. Mark Hopkins Hotel, SF. Apr. 6-8.



Emergency Dept. Care of Major & Minor Hand Problems. S 1320. Apr. 8.

Bay Area Seminars in Cytopathology. HSW 300. Apr. 13, May 11 & June 9. Call x64251.

Work & Mental Health. Holiday Inn Union Square, SF. Apr. 14-15.

Tenth Annual Advances in Infectious Diseases: Current Therapy. Stanford Court Hotel, SF. May 3-5.

Fine Needle Aspiration Tutorial VIII. UCSF. May 27.

Advances in Internal Medicine. Hyatt Regency, SF. June 12-16. At UCSF June 26-30.

Gastroenterology: Recent Developments in Theory & Practice. Hyatt on Union Square, SF. June 14-16.

Family Practice Board Review Course. Holiday Inn-Union Square, SF. July 10-13. Call x61482.

HIV+ SUPPORT GROUPS

Anonymous groups for people who have tested HIV positive but have not developed symptoms of AIDS or ARC. Sponsored by UCSF AIDS Health Project.

Weekly Group for UCSF Employees. Tuesdays at noon. Call facilitators Marty Kortebein or Bruce Flynn, x62621.

Positives Being Positive. Groups for the community meet regularly. Call x63902.*

RAPE PREVENTION EDUCATION

Sponsored by UCSF Rape Prevention Education Program. Call x65222.

Self-Defense Classes for Children & Adolescents. 610 Parnassus. Sat., Apr. 1, 8 & 15. 7-10 year olds: 10 a.m.-noon. 11-14 year olds: 1-3 p.m. $30 per class for all three sessions.

Support Group for Sexual Assault Survivors. Twelve-week group facilitated by Deborah Rochelle-Williams. Call for further information.

WOMEN'S GROUPS

Ongoing noontime drop-in support groups for women working or studying at UCSF. Sponsored by UCSF Women's Resource Center unless otherwise noted, call x65836.

General Women's Group for Growth & Support. Mon., Mar. 13 in C 209. Mar. 27 & every other Mon. thereafter in C 213.

Women of Size Support Group. Mon., Mar. 13 in N 517. Mar. 27 & every other Mon. thereafter in N 527.

Jewish Women's Support Group. Tues., Mar. 14 & every other Tues. thereafter in A 326.

Lesbian Lunch Group. Mon., Mar. 20 in C 130. First & third Mon. of each month thereafter in C 213.

Latin Women Coalition. Wed., Mar. 29 & last Wed. of each month thereafter in C 209.

Circle of Sisters. Black women's group. Fri., Mar. 17 in C 130. Mar. 31 & every Fri. thereafter in C 213.

Working Mothers Support Group. For mothers at UCSF with children 18 months or younger. Every Tuesday in L 192. Sponsored by Faculty, Staff & Student Assistance Program. For more information call Nicole Child, x68900 or Emanuelle Gomez, x68279.

TEAR GAS CLASSES

Tear gas certification by UCSF Police Dept. Personal Safety Prog. Held in the Personnel Conference Rm., 1350 7th Ave. $12. Pre-registration required. Call x65683.*

Tues., Mar. 21. 6-9 p.m.
Sat., Apr. 22. 9 a.m.-noon.

CPR CLASSES

UCSF CPR Center's 3-4 hour course in basic cardiopulmonary resuscitation. Fri., Mar. 17. Held in N 229 beginning at 9 a.m. $20. For information & registration call x61817.*

MELVYL/MEDLINE EXPANDED ACCESS

MELVYL/MEDLINE is now available, at no cost, to UCSF faculty, students & staff from any location, including offices, labs & hospitals, that will connect with campus Ethernet or a terminal with modem, as well as from the library terminals. UCSF Library offers frequent seminars on MELVYL/MEDLINE searching techniques, as well as written guides & personal assistance. For further information call the Reference Desk, x62337.

Benefits/Personnel

How Do I Retire?

It's been a pretty rough week for you, but you're not ready to retire from here yet . . . Are you?

Well, it may not be time for you to retire, but it's never too early to begin planning for it. A happy and rewarding retirement doesn't just happen. It takes looking at the options and coming up with a plan that works best for you.

The people who know most about retirement are retirees. And they're willing to share their experiences and advice at a pre-retirement seminar to be held on Tuesday, March 14, from 10:30 a.m.-noon in Toland Hall. Sponsored by the UCSF Retirees Association, this second annual panel discussion will feature a cross-section of UCSF retirees to answer any questions you might have regarding "taking that big step." Chancellor Krevans will deliver opening remarks. For further information call 221-2495 or 731-3109.

Come to a Noodle Party at Noon, Mar. 23

Remember last issue in this column, when we covered all the support groups on campus? Here's another group that might fit into that category: The recently formed Asian Pacific American Systemwide Alliance (APASA). If you want to find out more about it, come to their kickoff event—a noodle party at noon on Thursday, March 23, in the Millberry Union residence lounge (first floor, west wing.)

When Do We Get Our Raises?

The question about raises has been raised many times lately, so here's the schedule:

- Members of MAP and AP&S will get the remainder of their merit increases on June 1.
- Range adjustments for all other non-represented employees, AFSCME-represented service and clerical employees, and nurses represented by the CNA also will go into effect June 1.
- Bargaining is beginning now for AFSCME-represented patient care technical employees. The date of the range adjustment has not yet been established.

How are the Funds Performing?

For those invested in the additional savings programs, here are the latest unit values and monthly factors (as of January 31, 1989):

- *Accumulation Unit Values*
  Equity Fund: $55.14 (7.1%)* (13.94%)**
  Bond Fund: $33.90 (2.1%)* (5.59%)**
- *Monthly Factors*
  Savings Fund: .0070 (8.68%)***
  Money Market Fund: .0063 (7.79%)***
  GIC Fund: .0075 (9.39%)***

*Percentages represent change in unit value from previous month.

**Percentages represent total percentage increase over previous 12-month period.

***Percentages represent the most recent returns expressed as an annualized rate. The money market and savings rates change monthly.

Questions, call x61400.

Jobs

The Personnel Department, located at 1350 Seventh Avenue, is open to receive applications every weekday from 8 a.m. to 5 p.m. with extended hours on Wednesdays, 8 a.m. to 6:30 p.m. Details of jobs listed below are available in the UCSF Employment Opportunities flyers. Copies are distributed campuswide and also are posted at the Personnel Office and on the second floor of Moffitt Hospital.

Key to union codes:
AFSCME: CX—Clerical and Allied Services
EX—Patient Care Technical
SX—Service
CNA NX—Registered Nurses

Administrative/ Professional

Buyer IV. Materiel Management, 612 Forbes Blvd., SSF. #V-S62293. $3,108-$4,667. Filing Deadline: 3/22/89.

Management Services Officer III. Medicine/General Internal Medicine. #M-C69815. $3,108-$4,667. Open Until Filled.

Programmer Analyst III. Administrative Information Systems - CED. #V-H50855. $3,108-$4,667. Filing Deadline: 3/15/89.

Buyer III. Materiel Management, 612 Forbes Blvd., SSF. #V-S62299. $2,825-$4,242. Filing Deadline: 3/15/89.

Speech Pathologist. Otolaryngology. #M-F31326. $2,567-$3,850. Open Until Filled.

Administrative Analyst/Technical Support Analyst. Hospital Information Systems/Computer Services - CED. #H-P47038. $2,333-$3,500. Filing Deadline: 3/15/89.

Health Care

Per Diem Nurse Anesthetist/Nurse Anesthetist. Anesthesia. $3,487-$4,211. Open Until Filled.

Nurse Practitioner II. General Clinical Research Center. #M-F40479. $3,134-$3,869. Open Until Filled.

Clinical Nurse II. ACC Chest Clinic. #H-C60932. $16.41-$17.87/hr. Filing Deadline: 3/15/89.

Clinical Nurse II. ACC Psoriasis Day Care Center/ Photo Therapy Unit. #H-C60931. $2,855-$3,284. Filing Deadline: 3/15/89.

Physical Therapist I. Physical Therapy. $2,567-$3,850. Open Until Filled.

Respiratory Therapist I/Registered Respiratory Therapist. Respiratory Therapy/Anesthesia, SFGH. $2,127-$2,558 or $2,330-$2,809. Open Until Filled.

Hospital (Cardiovascular) Assistant III. Operating Room: Pump Room. #H-C49707. $11.68-$14.04/hr. Filing Deadline: 3/15/89.

Medical Record Technician. Medical Records. #H-A61286. $11.13-$13.32/hr. Open Until Filled.

Medical Record Technician. Medical Records. #H-A53550. $11.13-$13.32/hr. Open Until Filled

Hospital AIDS/Oncology Assistant I. Medicine/AIDS/ Oncology, SFGH. #M-C59287. $1,640-$1,941. Open Until Filled.

Hospital Unit Service Coordinator III. Nursing. $9.80-$11.64/hr. Open Until Filled.

Clerical

Assistant Statistician. LPPI, 370 Hawthorne Ave., Oakland. #V-W61436. $12.66-$15.22/hr. Filing Deadline: 3/15/89.

Administrative Assistant III. Medicine. #M-C60728. $2,090-$2,513. Filing Deadline: 3/15/89.

Project Assistant III. LPPI, 370 Hawthorne Ave., Oakland. #V-W60410. $12.01-$14.44/hr. Open Until Filled.

Academic Assistant II. Medical Records, CED. #H-A61278. $1,837-$2,192. Open Until Filled.

Accounting Assistant II. Accounting Office, CED. #V-H53097. $1,837-$2,192. Open Until Filled.

Administrative Assistant II. Biochemistry. #M-L4690. $1,837-$2,192. Open Until Filled.

Administrative Assistant II. Personnel—Human Resource Information Center, 1350 7th Ave. #V-S66527. $1,837-$2,192. Open Until Filled.

Administrative Assistant II. School of Nursing: Mental Health, Community & Administrative Nursing. #V-H27116. $1,837-$2,192. Open Until Filled.

Data Manager Assistant II. CRI. #M-F54147. $1,837-$2,192. Open Until Filled.

Housing Assistant II. Student Housing. #V-H47314. $1,837-$2,192. Open Until Filled.

Recruitment Assistant II. Nursing. #H-C61574. $1,837-$2,192. Filing Deadline: 3/15/89.

Administrative Assistant I. ACC Pain Management Center. #H-A60922. $1,618-$1,917. Open Until Filled.

Administrative Assistant I. Anesthesia. #H-A56925. $1,618-$1,917. Open Until Filled.

Administrative Assistant I. Anesthesia, SFGH. #H-A60531. $1,618-$1,917. Open Until Filled.

Library Assistant II. Library. #V-H53558. $9.30-$11.02/hr. Open Until Filled.

Principal Typist Clerk. Urology. #M-F51134. $1,618-$1,917. Open Until Filled.

Secretary II. ACC Clinic Administration. #H-A56179. $1,618-$1,917. Open Until Filled.

Secretary II. ACC Hematology/Oncology. #H-A56180. $1,618-$1,917. Open Until Filled.

Secretary II. Biochemistry, VAMC. #M-L4685. $1,618-$1,917. Open Until Filled.

Secretary II. School of Nursing—Family Health Care Nursing. #V-H54626. $1,618-$1,917. Open Until Filled.

Assistant Recreation Supervisor. Millberry Union Recreation. #V-H60025. $8.83-$10.39/hr. Open Until Filled.

Maintenance

Custodian Supervisor. Millberry Union Recreation. #V-H66701. $1,875-$2,142. Open Until Filled.

Food Service

Cashier/Food Service Worker. Nutrition & Dietetics. #H-A56975. $8.17-$9.48/hr or $9.13-$9.90/hr. Open Until Filled.

Sciences & Laboratory

Staff Research Associate III. Anesthesia. #H-A56929. $2,333-$3,500. Open Until Filled.

Staff Research Associate II. CRI. #M-F54149. $2,117-$3,175. Open Until Filled.

Staff Research Associate II. #M-L63311. $2,117-$3,175. Open Until Filled.

Staff Research Associate II. LPPI, Oakland Project Headquarters. #V-W60417. $2,117-$3,175. Open Until Filled.

Staff Research Associate II. School of Pharmacy: Pharmacy, 296 Lawrence, SSF. #V-S61330. $2,117-$3,175. Filing Deadline: 3/15/89.

Staff Research Associate I or II. Anatomy. #M-F54483. $1,883-$2,256 or $2,117-$3,175. Open Until Filled.

Staff Research Associate I. Anesthesia. #H-A52696. $1,883-$2,256. Open Until Filled.

Staff Research Associate I or II., VAMC. #M-L69630. $1,883-$2,256 or $2,117-$3,175. Filing Deadline: 3/15/89.

Staff Research Associate I or II. Physiology. #M-F55668. $1,883-$2,256 or $2,117-$3,175. Open Until Filled.

Staff Research Associate I or II. Surgery. #M-L60440. $1,883-$2,256 or $2,117-$3,175. Open Until Filled.

Staff Research Associate I. LPPI. #V-W61433. $10.82-$12.97/hr. Filing Deadline: 3/15/89.

Animal Health Technician I. Urology. #M-F68651. $1,537-$1,808. Filing Deadline: 3/15/89.

EMPACT!

Decorate an Easter Egg to Look Like Your Boss and Win a Microwave

The rules of EMPACT's easter egg coloring contest say you should make your egg look like your boss or your colleague—and include a snapshot of your model so the judges will have some basis for judgement.

If you win, you'll get a microwave, very good for cooking eggs.

How to enter: Call x66932 for an entry form and get it turned in by Friday, March 17. The forms include the information on when and where your entry should be delivered.

All entries—including the winning egg—will be on display in the Millberry Union lobby during the week of March 20. (Winner will be announced and notified on Thursday, March 23.)

Also note:

- **Easter sale:** EMPACT! will sponsor an Easter sale on Wednesday and Thursday, March 22 and 23, from 11 a.m. to 2 p.m. each day in the Med Sci lobby. Items for sale will include truffles, candies, gifts, etc. If you pre-order (call x66932 for details), the Easter Bunny Al Kerr (you might know him as Millberry recreation supervisor) will deliver the goods to your on-campus recipient on Thursday, March 23.
- **Alaska cruise is up for grabs:** Some lucky person is going to win a cruise for two to Alaska in EMPACT!'s fundraising raffle. Buy your chances for $1 each at the MU Central Desk. Other things you can win: A catered party for 20 couples on a luxury yacht, a Calistoga mud bath or one of many weekends at a Sonoma or Napa bed & breakfast. (The drawing will be on Chauncey Leake Day, Thursday, May 11.) If you volunteer to sell tickets, you'll be eligible for even more prizes. Call x66932.

Is this an egg or is it really Al Kerr?

Medsounds Continued

Catching Up on Who's New *(continued)*

Patricia Mattox

New Position: Head nurse, Pediatric Specialties Clinic, ACC.
Previous position: Head nurse in Radiology.
Background: Fifteen years at UCSF, including 11 in the Emergency Department and one and one-half years as acting head nurse in Emergency.
Life in the Specialties Clinic: "We cover 17 subspecialties plus the Children's Renal Center and Adolescent Medicine, and we see 50 patients a day."
Personal: Working on undergraduate degree in education with plans to go for master's. She and husband have four children—one stationed in Germany, two in college, and another coming up on college. Currently planning a two-month trip to Italy, Greece and Egypt. "The boss doesn't believe it."
Reflections: "I really enjoy working with the children. Early in my nursing career, before I came to UCSF, I worked in a pediatric ICU. Then I had a family of my own. And now that they've grown and the nest is almost empty, here I am, with a full nest again. Who knows, after I finish my education, maybe I'll have a preschool."

"Take our picture together," said Pat (left). "When it comes to our jobs, Elena and I are pretty much joined at the hip."

Elena Hopkins

New position: Head nurse and nurse practitioner, Pediatric Practice I & II, ACC.
Previous position: Head nurse, pediatric primary care clinic at Boston Children's Hospital.
Background: Bay Area native; nursing degree from USF; staff nurse in pediatric ICU at Stanford, 1981-83; recently returned from living in Boston five years where husband was working on PhD. Meanwhile, Elena worked at Children's Hospital, completed her master's at Boston College and had a baby, now 20 months.
Outside interests: Has made numerous trips with Interplast, the volunteer organization that provides plastic surgery and other health care services in underdeveloped countries. Has been to Honduras, Ecuador and Peru several times; most recent trip was last October.
Goal: "Together, Pediatrics I and II handle about 17,000 to 18,000 visits a year. This can make working conditions stressful and hectic, particularly since we've been short staffed. We're now in the process of expanding the staff. I hope to see this area—in addition to being productive—become a fun place to work."

Kris Twining

New position: Head nurse, Dermatology Clinic, ACC.
Previous position: Head nurse of cardiac and dermatology clinics at SFGH.
Background: Started at UCSF in 1979 as clinical nurse on 7 ICU; worked there seven years as staff and charge nurse. "I loved that job, but the opportunity at SFGH was a chance for growth, and it had regular daytime hours. I'm a single mother, so that was important." She worked there two years, honing her administrative skills. When the Derm Clinic spot opened up last summer, she applied, and got it. "I'm very happy to be back."
Latest news in the Derm Clinic: "That would be the arrival of the new laser for removing the birth marks called port wine stains. Since we're the only ones in Northern California to offer this, we expect to be very busy. We're in the process of hiring a new RN in preparation."
Personal: Eight-year-old daughter keeps her busy. "Add to the list that now I'm a baseball mom."
Most famous family member: "Around here, that would be my younger sister, Susan

Twining." Susan is part of the critical care float pool in the Medical Center, and she's a student in the School of Nursing. She's working on her master's to become a nurse practitioner.

Take the Shuttle to the "Spring Swing" at the Bearly New, March 17

Remember how much fun you had during the holidays taking the shuttle over to the Auxiliary's "Bearly New" Thrift Shop on Fillmore?

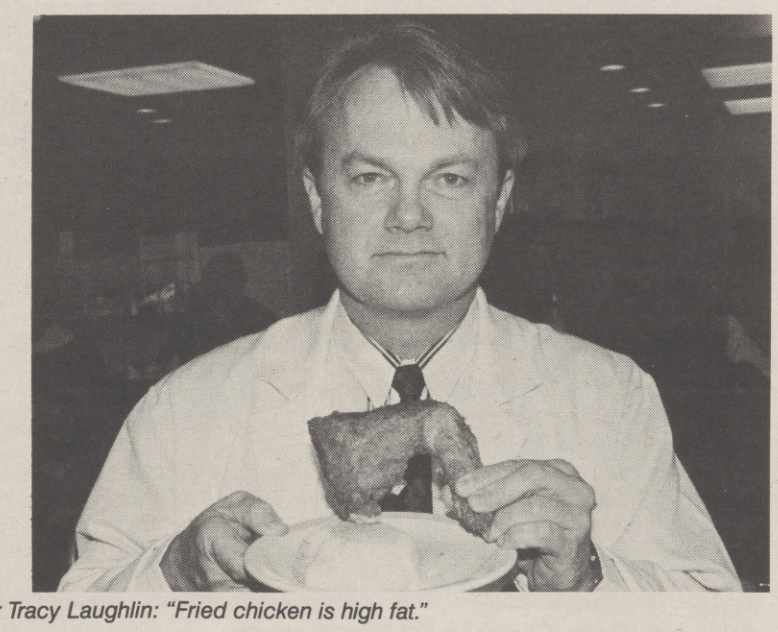
They're offering you that opportunity again, this time on Friday, March 17. They're celebrating Saint Patrick's Day with a "Spring Swing" at the thrift shop with live modeling and music. But here's the clincher: Board member Patricia Knight will be dressed up as the Bearly New Bear.

The shuttle will pick people up every 20 minutes from 11 a.m. to 2:30 p.m. in Moffitt Circle. Auxiliary president Ella Cahn says there are more bargains than ever, so don't miss it.

Naturally, you are always welcome and encouraged to donate your good used clothing and household items to the Thrift Shop. As with all Auxiliary fundraisers, the proceeds benefit patients and families in the Medical Center. The shop is open Monday through Saturday, 9 a.m. to 5 p.m. Location: 1752 Fillmore. Phone: 921-2789.

See how much fun Ann Cadigan was having at the holiday open house?

Good News from the Cafeteria: They've Lowered the Fat in Foods



Cafeteria supervisor Tracy Laughlin: "Fried chicken is high fat."

Dietitian Monique Schloetter: "Vegetarian stuffed peppers are low fat."

March is National Nutrition Month, so the Moffitt Cafeteria staff would like to take this opportunity to tell you about a number of things they've done to lower the fat—as well as change the type of fat—in the everyday menu items.

Cafeteria manager Marilyn Jacobson and Monique Schloetter, both registered dietitians and members of the menu development committee that planned the changes, provided this synopsis of the new program:

Canola oil (made from the rape seed plant) and olive oil have replaced soybean oil in all deep fat frying as well as some recipes. Canola oil is similar to olive oil and is a monosaturated fat.

Canola oil contains less saturated fatty acids and more monounsaturated fatty acids than either corn, soy or cottonseed oil.

Although controversy still exists, explains Monique, there is evidence that a diet high in monosaturated fat can decrease LDL cholesterol (bad cholesterol) and conserve HDL cholesterol (good cholesterol)—unlike polyunsaturated fat, which has a tendency to decrease both HDL and LDL cholesterol.

It is important to remember, however, that the total amount of fat consumed is just as important or more important than the type of fat we eat. The American Heart Association recommends that our total fat intake should represent 30% or less of total caloric intake. While a diet with a higher percentage of calories from monounsaturated fat may be desirable, it does not mean that large quantities of olive oil or canola oil should be consumed in hopes of preventing heart disease.

More changes:

- A new mayonnaise (made from canola oil) has half the fat of regular mayonnaise.
- A new low-fat mixture of ground turkey and extra-lean ground beef replaces ground beef in recipes such as spaghetti sauce, meatballs, etc. Recipes using this new mixture often have less than half the fat of former recipes.
- Split pea and lentil soup recipes have been revised to make them vegetarian, and conversions of other soup recipes are planned.
- A nonfat frozen yogurt is offered daily.
- During National Nutrition Month (March), vegetables will be prepared without adding margarine. If people go for it, this will become permanent.
- Several lowfat entrees already have become a part of the regular menu. When the new cafeteria opens next summer, plans call for the menu to include a lowfat entree or selection from the grill every day, plus a wider selection from the salad bar and the potato bar, both potentially lowfat selections.
- Don't worry, if you love high-fat items or don't want anyone suggesting what you should eat, the menu still provides something for everybody. "Our goal," says Marilyn, "is to provide plenty of choices. We just want to make it easier for people to choose healthier selections."
- As always, your comments are welcome. There's a suggestion box located by the silverware in the cafeteria.

UCSF Medsounds

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Let's Catch Up On Who's New

Usually we make a habit of introducing new management-level people in the Medical Center via this publication, but during the past few months several slipped in and somehow bypassed the introduction detail. They thought they were going to get by without suffering through a photo session. But—they forgot—this is an equal opportunity newspaper. So here they are, all the people we *didn't* introduce who are new or reasonably new to their jobs (but not necessarily new to UCSF). If you know of someone else who should be included here, call us right away. We wouldn't want them not to suffer unnecessarily.

Rich Fechter

New position: Manager, Biomedical Engineering (department that keeps hospital equipment in working order).
Previous position: Biomedical engineer, same department.
Years at UCSF: Seven.
Areas of expertise: "Just about everybody in the department does everything, but I guess you could say my specialty areas are the critical care monitoring systems and the main beeper system."
Background: Native of Utah; degree in mining engineering from University of Utah; worked at potash mine in Moab, Utah, for two years after college, where he designed solution mining systems; self-taught in electronics (fiddled around with electronics since five years old; dad was in computers).
Personal: Operates fastest radio-controlled model boat in San Francisco (can be seen Sundays at Spreckels Lake in Golden Gate Park—his is the boat with the water skiier); has invented hundreds of items, including neonatal percusser and insect vacuum that sucks up bugs without damaging them; newest invention is photo technique using gases to produce vivid abstract photographs—will be featured in local art show this spring. More details later on this.

Rob Edwards

New position: Inpatient billing manager, Patient Accounts (located at CED).
Previous position: Manager of divisional operations in Tucson for Dun & Bradstreet business information services.
Background: Born and raised in San Francisco; graduated from UC-Berkeley with a degree in political science; went to work briefly in finance department at College of Alameda before joining Dun & Bradstreet. Worked for D&B 13 years, including the last five in Tucson.
Why he left: "We couldn't take five more minutes of Tucson." He illustrates the desirability of the area by the fact that their house in Tucson appreciated a total of $150 since they bought it five years ago.
Personal: Married, lives in Benicia, has two daughters, ages 5 and 3. Has a particular interest in Civil War lore; reads everything he can find on the subject and has visited just about all the major battlefields in the North; now plans to explore the South.

Kathy Balestreri

New position: Department manager, Med Center Administration.
Previous position: Senior administrative analyst (assistant to Bill Kerr).
Years at UCSF: Fourteen.
Background: Originally was headed for a career in law enforcement; was majoring in criminology when she got the job in Med Center administration as a senior clerk/typist A, "one step below minimum wage because I didn't have any experience." Became administrative assistant to Bill Kerr when he became acting director in 1977, and has worked with him ever since. "I'll still be working with him on special projects, such as the Medical Center's part in the 125th Anniversary celebration."
Personal: She and husband Peter recently adopted a baby, Tony, now eight months old. "We used to be real world travelers, but since we have Tony, about as far as we get are weekend jaunts to Auburn, where most of the members of my side of the family recently moved. During the week my leisure time has been reduced to about an hour right before I go to bed, which I usually spend reading. I love horror books. Especially the ones about hospitals—you know, the terrible things that happen in the bowels of the hospital. They always paint such a terrible or outrageous picture of hospital administration. I love it."

Dick Chan

New position: Manager of maintenance and repair, Hospital Building Management.
Job description: "Troubleshooting all the building and equipment problems—overflowing toilets, floods, electrical problems, temperature related problems—everything but the problems handled by Biomed. Right now I'm working in about 99% reactive mode. Already my goal is to see this job become more proactive."
Previous position: Engineer in charge of microelectronics fabrication lab, UC-Berkeley.
Background: Born in SF, raised in Oakland, studied bioengineering at UC-Berkeley; worked at UC-Berkeley eight years, starting as lab assistant and ending with previous position.
Personal: Getting married in May; does wedding photography; spends weekends volunteering as a backstage hand. "For the past 26 years our church (Buddhist Universal Church of SF) has been putting on bilingual productions as a benefit for a youth education fund. We spend nine months rehearsing (the bi-lingualism makes it complicated—the actors do their lines in Chinese, then in English) and the other three months putting on the play. Our current production (through beginning of April) is 'The Crafty Matchmaker.' I've been involved with these plays in one way or another since I was five or six years old."

Barbara Madison

New position: Outpatient billing manager, Patient Accounts.
Previous position: Budget analyst for the county in Gainsville, Florida.
Background: Born and raised in New York; BA in political science from Lincoln University in PA; after graduation worked several years as patient accounts manager in hospital-based physician billing office; prior to budget analyst job, spent five years in Washington, DC Energy Office as financial program specialist; simultaneously earned MBA from Howard University.
What about the political science degree: "I went to school in the '60s, when, you know, we were going to save the world. Political science was a popular major. But once you got your degree, there weren't a lot of practical applications. Today, my political leanings are limited to reading about politics in the newspaper."
Personal: Bit by bit is seeing the world. Has visited Mexico, Venezuela, the Caribbean, most of the US. Next on the agenda is the Bay Area—hasn't seen much of that yet. After that, she may try Hawaii.

Sylvia Olson

New position: Director, Department of Social Work.
Previous position: Director of Social Work and Discharge Planning at Mills Hospital in San Mateo for nine years.
Background: Grew up in San Joaquin Valley; graduated from UC-Berkeley with a BA in psychology and master's in social work; practiced as a medical social worker at Ralph K. Davies, St. Luke's and Mills Hospitals before going into management.
Personal: Lives in El Cerrito with husband and two children, ages four and two. "Very into Sesame Street."
Comments: "This job is both a dream come true and an enormous challenge. The patients here have such complex situations—they're very sick, they often live far away, and frequently have limited resources. The social services needs are tremendous. We're currently reviewing the whole program to see how we can better serve these needs, such as expanding our services to the weekends in some areas."

(See page 7 for more "Who's New.")

Distinguished Nurses Depart

The search around the Medical Center for who's new produced the news that two distinguished nurses recently departed: Elaine McKenna, former head nurse on 11 Moffitt and winner of the Distinguished Nurse Award for her development of the "Spend a Day with a Nurse" program, says she decided "it was time to do something a little different." That decison came after 21 years at UCSF. For the moment, she's relaxing.

Helen Archer-Duste, former head nurse of the Intensive Care Nursery and last year's winner of the Distinguished Nurse Award, has moved to Spokane where her husband is going to school. Helen was known for her leadership on the job and in the community, including her work with United Way, the Girl Scouts and the California Nurses Association.

Meet the Social Workers During Social Work Month

Last week, Radiation Oncology social worker Jane Hawgood called the office to say that March is National Social Work Month, and she hoped that everyone would go see their display in the Med Sci lobby from Monday, March 20, through Thursday, March 30.

The display, she says, will introduce the members of the department via photographs and information on each person's area of work within the Medical Center.

"There are 32 of us altogether. Since each person specializes in a specific area of the hospitals or clinics, I think sometimes our department is recognized more for the parts instead of the whole. It is a diverse group—and we do represent every variety of background—but I think each member brings something really special to the staff as a whole." She says they hope to better acquaint people with the bigger picture—i.e, their department's overall role within the Medical Center.

"This also would be a good time to introduce our new director, Sylvia Olson. She's really great." (See above article.)